



CON ALMA HEALTH FOUNDATION, INC.
2006 ANNUAL REPORT



CON ALMA
Health Foundation, Inc.

THE HEART AND SOUL OF HEALTH IN NEW MEXICO

CON ALMA HEALTH FOUNDATION, INC.

message

A shared vision, clear accurate information, mutual respect, and open communication — these four are the foundation for effective collaboration. With more than half a century in the non profit and philanthropy sector between us, we have seen firsthand how effective collaboration can lead to solutions.

How urgently solutions are needed! Pictured in this Annual Report are the faces of people accessing good quality healthcare through the hard work and commitment of our grantee organizations. They could, however, just as easily represent the alarming number of daughters, sons, mothers, fathers, grandmothers and grandfathers who are not receiving the care they need.

We are honored to join an extraordinary family of healthcare experts and community leaders at Con Alma Health Foundation who are committed to creating a state that closes the health disparity gap. Our Board of Trustees, Community Advisory Committee and staff work toward a vision shared by our grantees, local and state government and other stakeholders. Our vision for systemic

the Health Disparity Gap in New Mexico: A Roadmap for Grantmaking.” An analysis of the complex issues that promote and threaten the health and access to healthcare for all New Mexicans, the report has become a basis for dialogue not only within Con Alma, but within communities across our state. Now more than ever, funding for systemic change is needed throughout the state of New Mexico. Toward this end, the Foundation encourages requests for funding throughout the state.

Con Alma recognizes and celebrates the diversity of New Mexico and the need for everyone's voice to be heard. The Foundation has great respect for the challenges that our grantees face every day. As we promote and foster collaboration, we do so emphasizing that collaboration is not an end in itself — rather it is a road to solutions.

Nor do we specifically advocate collaboration in order to reduce duplication of services and programs. In communities as diverse as are New Mexico's, multiple strategies in different locations may in fact be critical in solving problems and increasing access to healthcare.

a shared vision, clear accurate information,

change has as its goal eliminating disparities in healthcare in New Mexico. There are no easy answers. The gap is wide and Con Alma's resources must be used strategically for comprehensive impact.

In 2006, Con Alma's wise stewardship of resources continued — seeing the largest amount granted since the Foundation's inception in 2001. In 2006, Con Alma awarded 59 grants to New Mexico nonprofits totaling over \$1.8 million. Additionally, \$302,293 was awarded to 17 nonprofits through the Northern New Mexico Health Grant Group, a joint project of the Auxiliary of the Los Alamos Medical Center and Con Alma Health Foundation. Con Alma's portion of \$259,956 increased the Foundation's total grantmaking in 2006 to more than \$2 million through 76 grants. The Foundation's exemplary NNMHGG partnership demonstrates our capacity for wise stewardship of resources generated by a healthcare conversion.

Still, grantmaking strategy without clear accurate information would be tantamount to prescribing a drug with no medical examination. This is why the Foundation embarked on its landmark report, “Closing

Perhaps the cornerstone of effective collaboration is open communication. As Con Alma progresses on this road toward solutions, we will continue our support of partnerships, of opportunities to convene stakeholders to build capacity. Con Alma has been proud to sponsor events and conferences that shape the healthcare dialogue, such as the 2006 Health Policy & Advocacy Training featuring the Alliance for Justice, sponsored by Con Alma in partnership with 14 community nonprofit organizations across the state.

Uniquely positioned as a bridge builder, Con Alma Health Foundation will keep one landmark in sight — closing the health disparity gap — and deliver on the promise to attract the energy, the enthusiasm and the community engagement for systemic change.



JOSE V. FRIETZE

Board President

DOLORES E. ROYBAL

Executive Director

CON ALMA HEALTH FOUNDATION, INC.

mission

Con Alma Health Foundation is organized to be aware of and respond to the health rights and needs of the culturally and demographically diverse peoples and communities of New Mexico. The Foundation will seek to improve the health status and access to healthcare services for all New Mexicans and will advocate for a health policy, which will address the unmet health needs of all New Mexicans. The Foundation will make grants, contributions, and program-related investments to fulfill its Mission.

www.conalma.org



“How fortunate New Mexico is to have an organization like Con Alma – one that values and supports traditional knowledge of medicine and healing.”

SYLVIA LEDESMA,
Executive Director, Kalpulli Izkalli

mutual respect, and open communication



grants

Target Grants:

- **Advocates for Children & Families, Intergenerational Center**, \$46,000 to support an intergenerational training and research project for the grandparent center – DONA ANA COUNTY
- **Ben Archer Health Center, Senior Visitation Project**, \$50,000 for home-based diabetes education, suicide prevention services, and increased access to services for the elderly – LUNA COUNTY
- **Border Area Mental Health Services, The S.P.I.R.I.T. Project (Suicide Prevention Initiative—Recognition, Intervention and Treatment)** – GRANT, LUNA, HIDALGO AND CATRON COUNTIES
- **Colonias Development Council, Growing a Green Generation Training Program**, \$18,950 for community garden project and access to healthier foods in Rincon – DONA ANA COUNTY
- **Community Action Agency of Southern New Mexico, Pharmaceutical Access Project**, \$50,000 for healthcare data system to streamline process of helping uninsured obtain medications – SOUTHERN NEW MEXICO
- **Community Coalition for Healthcare Access, Health Advocacy & Accountability Program**, \$50,000 to increase healthcare access for uninsured and low-income people – BERNALILLO COUNTY
- **El Centro de Los Niños, Early Childhood Education and Community Health Support**, \$35,000 to support early childhood education and family health in the Chama Valley – RIO ARRIBA COUNTY
- **El Centro Family Health (formerly Health Centers of Northern New Mexico)**, \$50,000 for Bridging the Gaps: Improving Rural Healthcare and Reducing Disparities for Women – RIO ARRIBA COUNTY
- **Envision New Mexico, Pediatric Overweight Learning Collaborative**, \$50,000 for statewide prevention, detection, and treatment of overweight children – STATEWIDE

- **Gila Regional Medical Center Foundation, Catron County Health Council**, \$35,987 to support the Campaign for County Indigent Fund for low-income, uninsured residents – CATRON COUNTY
- **Health Action New Mexico**, \$60,000 for Healthcare for All Campaign to support Universal Healthcare, statewide advocacy, and healthcare reform on behalf of uninsured/underinsured people – STATEWIDE
- **Healthcare Foundation of Southern New Mexico, Las Campañeras: Mothers Mentoring Mothers**, \$37,500 for educational mentoring program for parents and their newborns – SOUTHERN NEW MEXICO
- **Kalpulli Izkalli, Topahkal Health Collaborative**, \$50,000 to provide culturally appropriate services and healthcare advocacy for uninsured/underinsured – BERNALILLO COUNTY
- **La Familia Medical Center, Healthy Smiles for Kids**, \$50,000 to establish pilot dental care program for low-income, underserved and/or uninsured children – SANTA FE
- **Las Cumbres Community Services (formerly Las Cumbres Learning Services), Early Childhood Mental Health Training Institute**, \$50,000 for workforce development in infant and early childhood mental health – NORTHERN NEW MEXICO
- **Many Mothers, Las Comadres**, \$15,000 to assist immigrant families with the well being of newborns through volunteer in-home care providers and referral services – SANTA FE
- **Morning Star House, Increasing Access to Healthcare and Behavioral Healthcare Services for Off Reservation Indians**, \$60,000 for community health outreach project – SOUTHEASTERN ALBUQUERQUE
- **Native American Professional Parent Resources (formerly Native American Pueblo Parent Resources), Native Maternal/Infant Urban Outreach Program**, \$60,000 for a home visit program for first-time pregnant and new mothers – ALBUQUERQUE
- **New Mexico Center on Law and Poverty, Medicaid Integrity Project**, \$37,500 to improve and ensure good interpretation and implementation of federal Medicaid regulations – STATEWIDE

seeking to improve the health status and access



“Con Alma cares about the many New Mexicans who live in the frontier parts of our state. Without this grant, Catron County would not have the chance to explore an Indigent Fund and it still would be ‘a far off pipe dream.’ We owe Con Alma a lot should it be instituted.”

ANN MENGES

Council Coordinator, Catron County Health Council

Small Grants:

- **Cancer Services of New Mexico, Family Cancer Resource Bag Program**, \$2,500 kits for families coping with cancer – STATEWIDE
- **Casa Esperanza, Patient Navigator Program**, \$15,000 for pilot program to increase access to services for breast cancer patients – ALBUQUERQUE
- **Community Wellness Center, Project Jive!**, \$15,000 for a health education and prevention project for pregnant/parenting teens – TAOS
- **DreamTree Project, Transitional Living Program**, \$15,000 for residential treatment for homeless youth, ages 16-24 – NORTHERN NEW MEXICO
- **Holy Cross Hospital, Employee Health Project**, \$12,650 for stress management, smoking cessation, weight management incentives for employees – TAOS
- **New Mexico Center on Law and Poverty, Urban Indian Healthcare Access Project**, \$15,000 to assist Urban Indians obtain increased access to healthcare – ALBUQUERQUE
- **New Mexico Hispanic Medical Association, Discount Card Program for the Uninsured**, \$15,000 to provide a discount card for medical services for the uninsured – STATEWIDE
- **REACH 2000, School-Based Healthcare for Rural Chaves County**, \$15,000 to provide Medicaid enrollment services and increased access to care for rural, low-income children – CHAVES COUNTY
- **Su Vida, New Mexico Alliance for Child Traumatic Stress**, \$13,300 for increased collaboration and training to positively impact treatment outcomes for children affected by traumatic stress – STATEWIDE
- **Tewa Women United, Tewa Birthing Project**, \$15,000 to support Indigenous Women's Health & Reproductive Rights Program for Pueblo communities – NORTHERN NEW MEXICO
- **The Counseling Center, Southwest Regional Substance Abuse Collaborative**, \$13,420 for a train-the-youth-trainer program Solving Substance Abuse Service Disparities – SOUTHWESTERN NEW MEXICO

- **New Mexico Coalition Against Domestic Violence, Bentley's Lessons on Making Good Choices**, \$50,000 for family violence prevention program for children – BERNALILLO COUNTY AND STATEWIDE
- **New Mexico Community AIDS Partnership, AIDS Challenge and Innovation Grants Initiative**, \$20,000 for increasing community access, prevention, and capacity building efforts – STATEWIDE
- **New Mexico Primary Care Association, Integrated Medicaid Enrollment Program**, \$60,000 for the expansion and improvement of Medicaid enrollment program – STATEWIDE
- **New Mexico Public Health Association, Policy and Media Advocacy Community Capacity Building**, \$36,100 for trainings and statewide annual conference on health policy and advocacy – STATEWIDE
- **New Mexico Suicide Intervention Project, Behavioral Health Training for New Mexico Physicians and Counseling Interns**, \$35,000 for those working with youth at risk of suicide – STATEWIDE
- **New Mexico Voices for Children**, \$50,000 for general support to improve the health of children in NM – STATEWIDE
- **PB&J Family Services, Early Intervention Services for Children of Jailed Parents**, \$50,000 to provide parenting education and support for children of jailed parents – BERNALILLO COUNTY
- **Pecos Valley Medical Center, Diabetes Education and Prevention**, \$32,000 to support programs for low-income, Hispanic population in San Miguel & Santa Fe Counties – PECOS
- **Service Organization for Youth, Comprehensive Family Planning Clinical Services**, \$50,000 for collaborative program designed to reduce teenage pregnancy – COLFAX COUNTY
- **Southwest Creations Collaborative, SALUD Online Directory and Community Networking Initiative**, \$46,000 for bilingual resource directory – CENTRAL NEW MEXICO
- **St. Elizabeth Shelter, Children's Health for Homeless Families**, \$20,000 for access to urgently needed medical and behavioral healthcare services – SANTA FE AND NORTHERN NEW MEXICO

- **Taos Community Foundation, Enchanted Circle Kids Healthcenter**, \$50,000 to expand safety net through partnership program for uninsured children – TAOS AND NORTHERN NEW MEXICO
- **Tewa Women United, V.O.I.C.E.S. Program**, \$35,000 to provide a grassroots community healing center for survivors of sexual violence – RIO ARRIBA AND NORTHERN SANTA FE COUNTIES
- **The Life Link, Santa Fe Clubhouse**, \$50,000 to provide a supportive environment, social and vocational rehabilitation for people recovering from mental illness – SANTA FE
- **Women's Health Services, Community and Statewide Education and Outreach**, \$50,000 to maintain and expand programs in Santa Fe and for a Statewide Women's Health Conference – SANTA FE AND STATEWIDE
- **Youth Development, Inc., Health Services for Head Start Children and Families**, \$50,000 for programs to address obesity in low income, pre-school children in Headstart programs – STATEWIDE
- **Youth Shelters and Family Services, Pregnancy Prevention & Intervention Project for Homeless and At-Risk Youth**, \$50,000 for integrated prevention and intervention services – SANTA FE

to healthcare services

Northern New Mexico Health Grant Group

(A joint project of the Auxiliary of the Los Alamos Medical Center and Con Alma Health Foundation.)

GRANTS SERVING TRI-COUNTY REGION OF LOS ALAMOS, RIO ARRIBA AND NORTHERN SANTA FE COUNTIES:

- **Amigos del Valle**, \$10,000, General Operating Support
- **Cancer Services of New Mexico**, \$15,000, Family Retreat Center
- **Casa Mesita Group Home**, \$9,000, Violence Prevention Program
- **Family Strengths Network**, \$4,275, We Help Ourselves Program
- **Family YMCA**, \$5,400, First Aid/CPR Certification for the Community
- **Hands Across Cultures, Inc.**, \$20,000, Las Promotoras of Northern New Mexico program
- **Health Centers of Northern New Mexico**, \$20,000, Pharmacy Automation and Safety Project
- **Hospital Auxiliary of Los Alamos Medical Center**, \$50,000, Psychiatry Recruitment
- **La Clinica del Pueblo de Rio Arriba**, \$20,000, Diabetes Education and Prevention Outreach
- **Las Clinicas Del Norte**, \$30,000, Hiring of a Family Practice Physician in Abiquiu
- **Las Cumbres Learning Services, Inc.**, \$20,000, Early Childhood Intervention Initiative
- **Los Alamos Family Council, Inc.**, \$11,750, Adult Wrap-Around through Psychosocial Rehabilitation
- **Los Alamos National Laboratory Foundation**, \$20,000, Los Alamos First Born Program

grant guidelines

POLICIES: Grant recommendations are made by the Con Alma Health Foundation Grantmaking Committee and are ratified by the Foundation's Board of Trustees.

FUNDING RESTRICTIONS: Grants are limited to qualified 501(c)3 nonprofit organizations serving the residents of the state of New Mexico. Grants are not made to individuals, for scholarships, lobbying, or for bricks, mortar or property. Grants made by Con Alma may complement, but will not replace federal, tribal, state, city, town or county health programs.

AREAS OF INTEREST: Con Alma Health Foundation focuses broadly in the areas of health and human services with special emphasis on culturally diverse, rural and tribal communities. The Foundation's landmark report "Closing the Health Disparity Gap in New Mexico: A Roadmap for Grantmaking" should be reviewed carefully by prospective grantees. Con Alma gives priority consideration to proposals that demonstrate strong collaborative relationships, have multiple funding sources, have a plan for sustainability and address systemic change rather than direct services.

SCHEDULES: Con Alma grant guidelines and schedules are posted on our website at www.conalma.org or phone 505.438.0776 for information.

- **Los Alamos Visiting Nurse Service**, \$6,868, Wound Training Certifications Training and Implementation
- **New Mexico Suicide Intervention Project**, \$20,000, Youth Suicide Prevention Program
- **Self Help, Inc.**, \$20,000, Los Alamos Emergency Fund
- **Pueblo of Pojoaque Counseling & Social Services**, \$20,000, Health & Behavioral Services Project

financials

Statement of Financial Position

For the Year Ended December 31, 2006 with Comparative Totals for December 31, 2005

ASSETS:	2006	2005
Cash and cash equivalents	\$ 4,787,326	\$ 6,492,489
Accounts receivable	–	12,850
Interest receivable	21,892	61,986
Investments	23,280,535	21,278,231
Prepaid Expenses	31,859	–
Property and equipment, net of depreciation	994,355	1,015,794
Total assets:	\$ 29,115,967	\$ 28,861,350
LIABILITIES:		
Accounts payable	\$ 17,948	\$ 27,469
Grants payable	946,886	–
Accrued expenses	1,243	5,878
Excise tax payable	–	31,596
Total liabilities:	966,077	64,943
NET ASSETS:		
Unrestricted net assets	779,090	819,290
Temporarily restricted net assets	23,870,800	24,477,117
Permanently restricted net assets	3,500,000	3,500,000
Total net assets:	28,149,890	28,796,407
Total liabilities and net assets:	\$ 29,115,967	\$ 28,861,350

responding to the health rights and needs

Statement of Activities

For the Year Ended December 31, 2006 with Comparative Totals for December 31, 2005

UNRESTRICTED NET ASSETS:

REVENUES AND SUPPORT:	2006	2005
Contributions	\$ 3,300	\$ 27,250
Special events, net	–	95,625
In-kind contributions	35,423	23,198
Total revenue and support	38,723	146,073
Net assets released from restrictions	3,030,146	1,405,256
Total unrestricted income	3,068,869	1,551,329
EXPENSES:		
Healthcare program	2,389,347	851,500
Management and general	308,170	273,393
Fund raising	–	28,040
Refund	43,500	–
NNMHGG	341,373	219,106
Total Expenses:	3,082,390	1,372,039
Increase (decrease) in unrestricted net assets, before provision for excise tax	(13,521)	179,290
Excise taxes	26,679	53,316
Increase (decrease) in unrestricted net assets	(40,200)	125,974



of the diverse peoples of New Mexico

TEMPORARILY RESTRICTED NET ASSETS:

REVENUES AND SUPPORT:

	2006	2005
Contributions	–	10,000
Investment income, net	2,423,829	2,538,290
Total revenue and support	2,423,829	2,548,290
Net assets released from restrictions	(3,030,146)	(1,405,256)
Increase (decrease) in temporarily restricted net assets	(606,317)	1,143,034

NET ASSETS:

Increase (decrease) in net assets	(646,517)	1,269,008
Net assets, beginning of year	28,796,407	27,527,399
Net assets, end of year	\$ 28,149,890	\$ 28,796,407

This is a summary. The audited financial statements of Con Alma Health Foundation are available for inspection at the office of Con Alma Health Foundation, 144 Park Avenue, Santa Fe, NM 87501 and at www.conalma.org. Independent auditors: Zlotnick, Laws & Sandoval, P.C.



“Con Alma is helping to bridge the gap – between data and action, between direct care and systemic change. Con Alma has not only been a funder but a partner as well, standing strong on advocating for real reform and not simply expansion of the current system.”

CHARLOTTE ROYBAL,
Executive Director, Health Action New Mexico

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Program Coordinator

Con Alma Health Foundation is a tax-exempt private foundation under Section 501(c)3 of the Internal Revenue Code.

Con Alma Health Foundation is a member of the Association of Small Foundations, Council on Foundations, Grantmakers in Health, and the New Mexico Association of Grantmakers.

OUR APPRECIATION TO OUTGOING 2006 BOARD OF TRUSTEES.

Richard Carpenter, Esq.
2006 Board Treasurer
Santa Fe

Jim Harrison
Santa Fe

Frank Sanchez
Roswell



CON ALMA
Health Foundation, Inc.

THE HEART AND SOUL
OF HEALTH IN NEW MEXICO

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www.conalma.org

PHOTOGRAPHY: RANDY SINER

EDITOR: PERLI CUNANAN

FRONT COVER: (Top) Santa Fe Clubhouse members plan outreach and membership recruitment strategies. The Clubhouse provides social and vocational opportunities for people recovering from mental illness. (Left) Many Mothers takes care of moms so they can provide the best care for their newborns. (Center) First Nations Community Healthsource of Albuquerque and Morning Star House collaborate on increasing access to healthcare. Pictured here is a couple happy about the care and attention they received at First Nations. (Right) Star basketball player at Pecos Elementary School participated in a Con Alma-funded diabetes screening done by Pecos Valley Medical Center. INSIDE BACK COVER: Pecos Valley Medical Center provides a range of health services in this rural area, including oral health.